



Sermon Main Idea:

God is for us, especially in our grief. It is important for us to name those things that we grieve. Naming our grief gives us power to move through it.

Introduction:

1. What have you experienced recently that has brought sadness to you?
2. What do you think stops people from naming their sadness and grief?

SORP:

Scripture | read Ecclesiastes 3:1-11

Observation | what do we notice? what stands out?

1. Where else in scripture have you seen the concept of there being a time/season for everything?
2. What strikes you about the different seasons listed in verses 2-8?
3. What are some examples of Jesus living out these different, even contrasting, seasons in His earthly lifetime?
4. The author asks the same question in verse 9 that he asked in Ecclesiastes 1:3. Read 1:2-11, and relate the context and answers of the question in the two places.
5. God set eternity in human hearts. How does this help us see that God has made everything beautiful in its time?

Response | how can we respond in our lives to what we learn?

1. What season(s) do you find yourself in right now? How is it playing out in your circumstances?
2. What have you grieved over in the past? What are you grieving over right now that you need to name?
3. Where have you seen beauty in the brutal parts of life? How have you seen God use the brutal parts of life to bring growth?
4. As gratitude reminds us that God is for us, especially in our grief, it is the key to getting through grief. What do you need to do to orient your heart to gratefulness?
5. What are you grateful for?
6. How might God be calling you to respond to His Word today?

Prayer | ask God to help you live out your response