

# Joy's Easy Banana Bread



This easy banana bread recipe is quick to prepare, and everyone always comes back for seconds!

**Prep:** 15 mins

**Cook:** 1 hr

**Total:** 1 hr 15 mins

**Servings:** 10

**Yield:** 1 9x5-inch loaf



## Ingredients

3 medium (7" to 7-7/8" long)s  
ripe bananas, mashed

1 cup white sugar

1 egg

¼ cup melted butter

1 ½ cups all-purpose flour

1 teaspoon baking soda

1 teaspoon salt

## Directions

### Step 1

Preheat oven to 325 degrees F (165 degrees C). Grease a 9x5-inch loaf pan.

### Step 2

Combine bananas, sugar, egg, and butter together in a bowl. Mix flour and baking soda together in a separate bowl; stir into banana mixture until batter is just mixed. Stir salt into batter. Pour batter into the prepared loaf pan.

### Step 3

Bake in the preheated oven until a toothpick inserted in the center of the bread comes out clean, about 1 hour.

## Tips

Read our picks for the best non-stick cookware to make cooking your favorite recipes that much easier.

## Nutrition Facts

### Per Serving:

225 calories; protein 3g 6% DV; carbohydrates 42.4g 14% DV; fat 5.4g 8% DV; cholesterol 30.8mg 10% DV; sodium 398.8mg 16% DV.

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